

## **SKYE MUNROS**

### **SYHA Activity Holiday**

The Cuillins are our most challenging and alpine-like mountains. This popular course is a demanding programme which attempts to complete all twelve Skye Munros.

#### **Meeting Place**

Course participants arrive at Broadford Youth Hostel on Saturday evening, for a one night stay. Group meeting with your course leader, at approximately 8.45a.m on Sunday morning, for an outline of the week. Participants will travel to Glenbrittle Youth Hostel at the end of Sunday's walk for a six-night stay. Course finishes on Friday evening.

During the five days the following itinerary will be followed, though not necessarily in the order given. All days are weather dependent and the harder Munros will be kept for days when the weather is at its best.

- Bla Bheinn – accessed from the Torrin road, this is the only Munro not connected to the main ridge. One of the easier Munros (4 – 5 hrs) it is a straightforward route to the summit with spectacular views of the main Cuillin Ridge .
- Bruach na Frithe, Am Bastier and Sgurr na Gillean. Situated at the north end of the ridge, access is from the roadside at the Sligachan Hotel. A demanding day (8 – 9 hrs) which includes some exposed sections and moderate/difficult climbing or lowering.
- Sgurr a' Mhadaidh, Sgurr a' Ghreadaidh and Sgurr na Banachdich. Accessed directly from Glenbrittle Youth Hostel, a moderate day (7hrs), which also includes two tops.
- Inaccessible Pinnacle and Sgurr Mhich Choinnich. Access from Glenbrittle. Always tackled on the best day of the week, as light winds are essential, this is considered the highlight of the week. A challenging and demanding day (8hrs), but also very rewarding and satisfying on completion.
- Sgurr Alasdair, Sgurr Dubh Mor, and Sgurr nan Eag. The three Munros at the south end of the ridge are completed as a circular route from Glenbrittle campsite. This is a long day in excess of nine hours (depending on the group's fitness) but the views of St.Kilda, n a clear day, make it worth it. Also the return journey which descends down the Great Stone Shoot is an experience your walking boots will not forget!

## **Accommodation and Meals**

One nights self-catering accommodation at Broadford Youth Hostel.

Six nights self-catering accommodation at Glenbrittle Youth Hostel.

## **Transport**

Independent transport is recommended for Skye due to its remote location. There is no public transport between Broadford and Glenbrittle. If you intend to travel by public transport as far as Broadford please advise the Central Reservations Office.

## **Fitness and Terrain**

A reasonable level of fitness is obviously required for any active holiday. This is doubly so for tackling the Cuillin mountains which has the roughest and most demanding terrain in Britain. If you have any concerns or questions about fitness levels, or any medical conditions, please consult us in advance.

For most courses, basic hill walking gear is required:

- Boots with good ankle support.
- Good waterproof/windproof jacket and trousers.
- Warm clothing layers such as a good high wicking base layer next to the skin followed by mid layers of fleece or woolen sweaters.
- Warm hat, gloves and scarf. Or if hot and sunny a sun hat and lotion!
- A reasonable sized rucksack to carry your own food and drink for the day, spare clothing etc plus room for possible issued equipment such as helmet, harness, ropes. ( Some 40litre rucksacks are available from George)
- Plastic survival bag and whistle.
- Small first aid kit with personal medication, plasters etc. (A larger group first aid kit is carried by George)
- Camera/Binoculars (optional).
- Map/compass (optional)
- Midge repellent

A high level of hill walking experience is required, as is some previous scrambling experience and a head for heights. Average days of 8 hours (though can be longer) with an ascent of between 4,000 – 5,000ft. Mostly track access of reasonable standard, but can be rough, uneven and wet in places. This is a demanding week and the most serious trip we offer.

## **Leader**

This course is operated by a qualified International Mountain Leader, Navigation and Bushcraft Instructor. For more information contact SYHA Central Reservations Office 08701 55 32 55.

Operating ratio:  
1 leader to 5 participants.